

CAREER PLANNING OF NURSING STUDENTS

Fatjona Kamberi¹, Yllka Stramarko², Vjollca Ndreu³, Enkeleda Sinaj⁴,
Yllka Themeli⁵, Leonard Kamberi⁶

¹University of “Ismail Qemali”, Faculty of Public Health, Albania
Email: fatjonakamberi@gmail.com

Abstract

Nursing represents the largest sector of the health professions (1, 2). Worldwide, demand for nurses exceeds supply and chronic shortages are characteristic of the current global nurse workforce. The 2006 World Health Report (WHO, 2006) identified shortages of human resources as a critical obstacle to the achievement of the Millennium Development Goals for improving the health of global populations (3). The *aim* of this *study* was to *explore* the perceived future *employee* orientation of outgoing nursing students pursuing a *future career* in nursing care. The random sample of 193 outgoing nursing students, 21 male and 172 female from the Vlora Faculty of Public Health, was the study population. A self structured – administered questionnaire was used in May 2015 to collect data. The results revealed that 52.38% (n=21) of male students and 52.91% (n=91) of female students in the study developing *their professional career abroad*. After graduation, 74.42% (n=128), 95 % CI [67.22-80.76] of male and 61.90% (n=13), 95 % CI [38.44-81.89] of female students wish to *work in hospitals*. 75.00% of all students (OR=1.75, p=0.26) have plans for further education. Only 18.65% (n=36) of all students intend to change profession. Conclusion: Results of the study indicate that the choice of the nursing profession among students is solid, which reflected in their professional plans for the future. More research is needed with the involvement of nursing students from other universities in the country. According to WHO(2006) the building of an infrastructure for the collection and analysis of workforce data is a crucial need if the overarching goal of a transformed health care system is to be realized (3).

Keywords: nursing career, student, *employment, nursing care, orientation.*